

GUANTANAMO BAY Gazette

Vol. 59 No. 17 Friday, May 3, 2002

BRIEFS

Participants wanted for talent, fashion show

By PN2 (SW) Ron Allen
JTF 160 MIUWU 208

Do you consider yourself a singer, a musician or do you have a talent you need to showcase?

If so, here is your chance to participate in a benefit **talent and fashion show**, featuring some of the island's trendy fashion designs and **ability**.

Auditions will be held May 8, at 7pm and May 15 at the Marine Hill Aerobics Center.

The Grammy-like event **will be held** on Friday, May. 31, at the Windjammer Ballroom. Instruments will be provided for use if needed.

Proceeds will support the Senior Petty Officer Association's high school educational scholarship fund.

The objective of the event is to increase awareness of the diverse culture on the island, organizers said.

"There are so many people from different cultures here on the island that this is a chance for them to share their culture," said Taylor Edwards, one of the event's organizers.

The event is sponsored by *A Group of Friends* in collaboration with the Senior Petty Officers' Association. *A Group of Friends* is a mentoring group, comprised of military and civilian personnel on the island. Meetings are held at 3pm Sundays at the Iguana Crossing. Group members serve as tutors, mentors and have sponsored several community service projects.

The SPOA meets on the first and third Fridays at 11:30am on the 2nd floor of the Windjammer Ballroom. Membership is open to E-5s and E-6s.

For more information on the event contact Jacqueline Gordon at 81044.

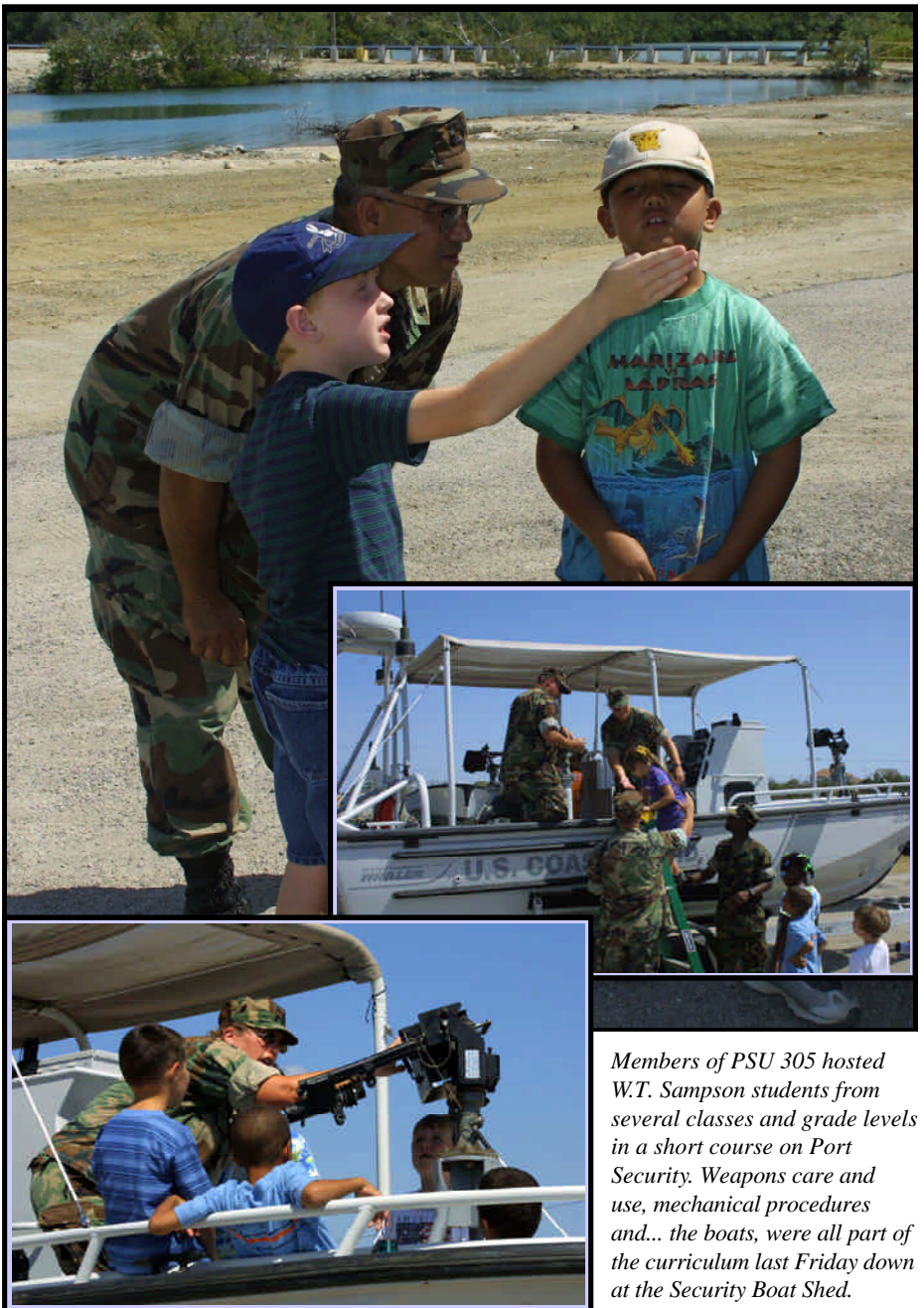
TAX CENTER TO CLOSE

Last day for appointments at the Tax Center is May 31.

Since early February, a team of trained volunteers has been helping members of the GTMO community prepare and file their federal

Continued on page 3

PS(U) 305 Holds Class for Local Youth



Members of PSU 305 hosted W.T. Sampson students from several classes and grade levels in a short course on Port Security. Weapons care and use, mechanical procedures and... the boats, were all part of the curriculum last Friday down at the Security Boat Shed.

HURREX 2002

May 6 is the start of the 2002 Hurricane Exercise. Guantanamo Bay is taking part in the exercise during working hours only and no resident evacuations are taking place.

Everyone should be familiar with what actions they should take to prepare for an actual storm. The May 10 issue of the Gazette will contain the annual Hurricane Issue which contains valuable information on what actions residents should take in the event of destructive weather in Guantanamo Bay.

Command Fitness Assessment

Due to the large number of recent check-ins, the CFA schedule has changed. Departments should make appropriate arrangements to perform the CFA on their scheduled date. All Naval Station personnel are required to perform the weigh-in portion, regardless of their time onboard.

Check-ins will not be done during weigh-ins, all new personnel must report to AMC Therrien at OMD in McCalla Hangar prior to scheduled weigh-in date. **Security Personnel** will perform **weigh-ins** the week of **May 6-10**. Any questions contact your Department Fitness Leader, or AMC Therrien at 4099. See the NAVSTA POW or the Apr. 26 Gazette for dates and times.

Troy State Term 5 Registration

TSU Office will be open from 5 - 7pm for Term 5 Registration May 6-17. Students must pay all tuition fees at the time of registration.

Also, all Navy or Army students must bring their approved TA forms with them in order to register. The Term 5 course schedule can be found on-line at <http://www.tsufl.edu/distancelearning/term5sched02.htm>. FMI, contact Kim Bastemeyer at kbast@tsufl.edu.

Captain's Call

Military Captain's Calls are held on the following days; **attendance is mandatory**:

May 6, 8am – E-3 and below, Locke Auditorium
May 7, 8am – E-4, Locke Auditorium
May 7, 1pm – E-5, Locke Auditorium
May 8, 8am – E-6, Locke Auditorium
May 9, 7am – E-7 and above, NAVSTA Galley

W.T. Sampson Registration

May 6 - 10

Elementary school registration

8 to 11:30am and 1 to 3pm.

High school registration

8 to 11:30am and 1 to 3pm.

Call 3500 if you have questions.

**U.S. Naval Base
Guantanamo Bay, Cuba**

GAZETTE

Commander, Naval Base
CAPT Robert A. Buehn

Chief Staff Officer
CDR Michael Fair

Command Master Chief
CMDMC(AW/SW) Ellen M. Mustain

Public Affairs Officer
JOC Richard Evans

Gazette Editor
JO2 Amy Kirk

This newspaper is an authorized publication for members of the military service stationed overseas. Its contents do not necessarily reflect the official views of the U.S. Government, the Department of Defense or the U.S. Navy and do not imply endorsement thereof.

**Phone: 4502, 4819
Fax: 5279**

**E-mail:
pao@usnbgtno.navy.mil
GAZETTE On-line:
www.nsgtmo.navy.mil**

Energy Conservation

Invest in plants for your home. Plants help purify air in the home. They extract carbon dioxide and create oxygen

Force Protection Tip of the Week

Memorize key phone numbers - office, security, hospital, etc.
GTMO's emergency number is 9-1-1

Water Conservation

April 22-28

Total Used

7,344,672.0

Daily Avg

1,049,238.9

Daily Goal

700,000

We spent - **\$46,448.77**
OVER our goal last week.

MAY 2002 TIDAL DATA

DATE	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL	TIME	LEVEL
03	0209	1.42	0855	0.32	1351	0.69	1937	0.05
04	0303	1.32	0949	0.31	1503	0.71	2043	0.15
05	0357	1.23	1037	0.28	1615	0.78	2155	0.22
06	0451	1.16	1119	0.23	1721	0.87	2301	0.26
07	0533	1.09	1155	0.18	1815	0.99	--	--
08	0001	0.27	0615	1.03	1225	0.13	1857	1.10
09	0101	0.28	0651	0.96	1255	0.08	1939	1.22

Armed Forces Awarded National Defense Service Medal

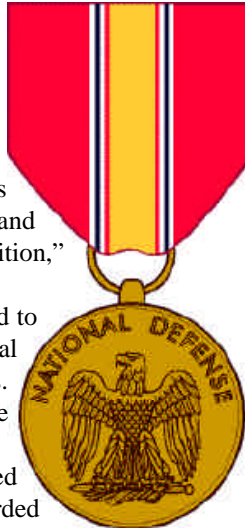
The Department of Defense announced today that servicemembers on active duty on or after Sept. 11, 2001, are eligible to receive the National Defense Service Medal.

"The sacrifices and contributions made by the Armed Forces in direct response to the terrorism attacks on the United States and to the long-term resolution of terrorism merit special recognition," said Deputy Secretary of Defense Paul Wolfowitz.

The National Defense Service Medal may also be awarded to members of the Reserve components who are ordered to federal active duty, regardless of duration, except for certain categories.

While no closing date has been established, eligible servicemembers can receive the award immediately.

The National Defense Service Medal was first established by President Eisenhower in 1953, and was subsequently awarded for honorable active service for any period between June 27, 1950 and July 27, 1954, between Jan. 1, 1961 and Aug. 14, 1974, and between Aug. 2, 1990 and Nov. 30, 1995.



Military Spouse Appreciation Day

By CMD/MC (SW/AW) Ellen Mustain

May 10th is Military Spouse Appreciation Day, set aside to recognize those who stand the watch as parents, volunteers, and valued members of the civilian community.

I have been married to my civilian husband for thirty-one years and have two sons, and one and a half grandchildren. We, as a family, have traveled from Hawaii on one side of the world to Italy on the other and numerous duty stations in between. When I was stationed in Charleston, SC on sea duty, and then with follow on orders to two F-14 squadrons, it meant back to back deployments in the Western Pacific and a world cruise on board NIMITZ. My husband and two sons stayed at home in Mississippi.

I had the easy job. Packing up and shipping out is the way of life for Navy military members. My military life has always been structured around the command mission and completion of job assignments. Whether underway, overseas, or at a shore duty command, the same basic military rules applied. Shelter and food were always provided for us.

On the other hand, like many military families, when I was away from home my husband and two sons had to deal with all the every day living challenges that I could not help with.

While deployed, we Sailors always had something in common, a bond. It was our families. We talked about and shared photographs of children and spouses with each other. Each Sailor had a story to tell about what was going on back home.

The pictures ranged from baby pictures, little league games, vacations, birthday parties, to anniversaries, etc.



CMD/MC(SW/AW) Ellen Mustain

(Continued on page 6)

BRIEFS CONT.

income tax returns free of charge. The Tax Center has prepared more than 725 returns so far this year, netting almost \$760,000 in refunds and saving filers approximately \$65,000 in tax preparation fees.

Because many base personnel were eligible for automatic filing extensions due to their service overseas, the Tax Center has remained open past the regular April 15 filing deadline. However, the Tax Center will soon be closing and personnel still needing to file a federal income tax return should call now to schedule an appointment. The last day for appointments will be Friday, May 31.

The Tax Center is housed in the Naval Legal Service Office (NLSO), located in Building 760 (formerly the White House on Admin Hill). Although the Tax Center will be closing in June, the NLSO will remain open to provide legal assistance services for eligible personnel. **Please note that the NLSO is not able to assist with the preparation of tax returns once the Tax Center closes in early June.** The NLSO is open Monday through Friday from 0800 to 1600. The office is closed daily from 1200 to 1300. For information or appointments, please call 4692.

Home Education Information

Are you currently, or interested in, home educating your child? The Home Education Network would like to extend an invitation to our next meeting on Friday, May 10, 2002 at the Fleet and Family Support Center at 5pm.

We are here to offer and seek support to and from each other. Please come out and investigate! For more information please contact Tammy at 7185 or Diana at 4620.

Health and Fitness Fair May 4

Join us at G.J. Denich Gym on May 4 for the Health and Fitness Fair. The fun starts at 11am and runs until 1pm.

Guest speakers address such health topics as sports medicine and injuries, nutrition and fad diets and stress management.

Display tables feature information from MWR Fitness, the pharmacy, the Vet Clinic, Fleet and Family Support and many more.

Children enjoy playing in the Bouncer while adults give the Climbing Wall a try. Refreshments are also served.

Don't miss this great opportunity to gain some valuable information on health and fitness.

Also, don't miss the **Military and Civilian Spouses 5K, which takes place prior to the fair. Start time is 6am.** See you there!

GTMO Honors National Nurses Week, Navy Nurse Corps 94th Birthday

Lt. Dale S. Bordner
Nurse, Naval Hospital

During the upcoming week, registered nurses across the United States will be saluted for their hard work. On May 6, all Guantanamo Bay military and civilian nurses join with the American Nurses Association (ANA) in celebrating the National Registered Nurse (RN) Recognition Day, as part of National Nurses Week held May 6-12 every year.

The purpose of National RN Recognition Day is to raise awareness of the value of nursing and help educate the public about the role nurses' play in meeting the health care needs of the American people.

Traditionally, National Nurses Week is devoted to highlighting the diverse ways in which registered nurses, the largest health care profession, are working to improve health care. From bedside nursing in hospitals and long-term care facilities to the halls of research institutions, state legislatures, and Congress, the depth and breadth of the nursing profession is meeting and exceeding the health care needs of American society.

"Nurses Care for America" is the theme for 2002. Locally, we have modified the theme somewhat for our unique community to read "Nurses Care for GTMO". Guantanamo Bay nurses will use this opportunity to promote the nursing profession to all members of our community with special emphasis directed to our young people who may want to pursue nursing as a career.

Coincidentally, the Navy Nurse Corps Birthday is celebrated immediately following the National Nurses Week, on May 13th. On this day in 1908 the first Navy Nurses known as "The Sacred Twenty", were the first women to formally serve as members of

the Navy. Today, over 5,000 active duty and reserve officers, men and women, serve as Navy Nurses.

In honor of the dedication, commitment, and tireless effort of all Navy Nurses and the nearly 2.7 million registered nurses nationwide to promote and maintain the health of our nation, the ANA and the Professional Nurses Association of Guantanamo Bay, are proud to recognize registered nurses everywhere, during National Nurses Week, for the quality work they provide seven days a week, 365 days a year.

A Nurse's Prayer

Give me strength and wisdom,
When others need my touch;
A soothing word to speak to them,
Their hearts yearn for so much.
Give me joy and laughter,
To lift a weary soul;
Pour in me compassion,
To make the broken whole.
Give me gentle, healing hands,
For those left in my care;
A blessing to those who need me,
This is a Nurses prayer.

By Allison Chambers Coxsey



DEFY GOES TO SCHOOL

Drug Education For Youth (DEFY) Phase II youth and mentors gathered around MA2 Ronald Tomassi and MA2 Kendall Evans, activated reservists and police officers from Chicago who are extremely knowledgeable about the American gang subculture. Tomassi and Evans provided the DEFY youth with an understanding of the myths and facts of gang culture and gang-related issues, educated them on ways to resist becoming involved in gangs, and demonstrated the connection between gangs, violence, crime, and drug abuse. DEFY youth and mentors are extremely grateful to both for providing such interesting and invaluable information.

Thrift Plan Open Season a Military Success

By Jim Garamone
American Forces Press Service

The first open season for service members to sign up for the Thrift Savings Plan was a huge success, said defense officials.

The open season ran from Nov. 15 through Jan. 31, and more than 220,000 active and reserve component service members enrolled in the program. The next open season is May 15 through July 31.

"We thought maybe 10 percent of the active component would sign up in the first year — we had more than 10 percent sign up in just the first open season," said Army Lt. Col. Thomas Emswiler. He's the executive director of the Armed Forces Tax Council.

Emswiler said officers and mid- to upper-level enlisted grades in particular signed up. "I'd like to see more junior members consider using the program," he said. "When you're young, start putting away \$100 a month into the Thrift Savings Plan and it really can add up quite quickly."

He said he is particularly pleased with the response because TSP for military is a new program and the services are really just getting into their education programs on line.

Emswiler said all service members should have received a pamphlet entitled "Summary of the Thrift Savings Plan for the Uniformed Services." Those who did not receive it or lost it can go to the TSP Web site. The plan summary is on the site as well as frequently asked questions, forms, savings calculators and records of fund earnings.

He suggested service members speak to civilian employees about the program. "The civilian component has been participating in TSP for quite some time," he said.

"(Service members) should talk to the civilian employees they work with and see what their experience has been with TSP. I think most people will conclude it's a very good option."

The TSP for military program works like this: Service members can contribute from 1 percent to 7 percent of basic pay and from 1 percent to 100 percent of any special, incentive or bonus pays. TSP has five funds with different investment goals and varying rates of return. Service members can place their money in any or all the funds they wish. There is an \$11,000 limit for contributions this year.

Emswiler said the TSP is a way to save and invest money on a tax-deferred basis. That is, contributions and earnings are not reported as income until they're withdrawn from the plan. TSP is a government-run plan that has historically had good rates of return at a very low administrative cost.

"But every member has to decide for him or herself whether thrift savings or any other investment vehicle is the right option," he said.

The TSP funds are government securities G Fund; Standard and Poor's 500 common stock index C Fund; government and corporate bond index F Fund; international stock index I Fund; and Wilshire 4500 "small business" stock index S Fund. Only G Fund accounts are guaranteed by the government; all others are subject to market forces.

Military and civilian personnel who had traditional individual retirement accounts or employers' 401-k account before they joined

"I'd like to see more junior members using the program. When you're young, start putting away \$100 a month into the Thrift Savings Plan and it really can add up quite quickly"

Lt. Col. Thomas Emswiler
Exec. Dir. Armed Forces Tax Council

federal service may maintain them if they want, "but you can transfer the accounts into the Thrift Savings Plan and then have just one account to manage," Emswiler said. This change took effect July 1, 2001. Visit the TSP Web site [<http://www.tsp.gov>] for full details and application forms.

He called TSP a "portable" savings program. "Even if you don't stay in the military for a career, your TSP account belongs to you," he said. "And if you do stay in the military for a career, then you'll have even more savings available for your retirement."

GTMO Girls Night Out! May 17 at Community Center

Women of all ages bring your poodle skirts, bobby socks, fuzzy slippers, comfy duds, favorite dance tapes/CD's from any era, along with your hair rollers, make-up, nail polish, and plenty of laughter.

We, the women of GTMO, need a break! Come to the Community Center on Friday, May 17th from 7:00 p.m. to midnight.

It's a pajama party minus the sleep over. We will pop popcorn, dance, do facials, watch a chick flick or two. Our GTMO Yoga instructor, Michelle Cheyne, will be teaching us all about Yoga. Remember how much fun girl-stuff used to be?

Come to the C.C. on May 17th and capture the fun all over again.

This blast from the past is open to all the women of our community.

Contact Cel McMillan at 7597 for details.

May Marks Asian Pacific Heritage Month

By Chief of Naval Personnel
Public Affairs Office

"Unity in Freedom" is the theme for the 23rd observance of Asian Pacific American Heritage Month beginning May 1. Since 1979, May has been proclaimed by the president as the month to celebrate the contributions and achievements of Asian Pacific Americans.

More than 11 million Americans of Asian Pacific heritage (4.1 percent of the American population) are helping to build our vibrant nation today. Many ethnic groups are part of the category Asian Pacific American including those from, Cambodia, China, Indonesia, India, Japan, Korea, Laos, Micronesia, Philippines, Polynesia, Thailand, Vietnam and many other Asian and Pacific lands.

Four Asian Pacific American flag officers have served in the Navy: Vice Adm. Robert Kihune, Rear Adm. Ming Chang, Rear Adm. Gordon Chung-Hoon, and Rear Adm. Eleanor Mariano.

Nearly 22,000 Asian Pacific Americans are serving in today's Navy in the enlisted ranks and over 2,100 serve as officers. Almost 8.4 percent of today's master chiefs are Asian Pacific Americans, of these

master chiefs, 94 percent are Filipino Americans. This is the second largest minority representation after African Americans.

The 2000 recipient of the Federal Asian Pacific American Council's (FAPAC) Meritorious Service Award was the highest ranking U.S. Filipino American naval officer currently on active duty, Capt. Jose R. Corpus.

"My thinking has always been that success in the military is color blind," Corpus said. "My life in the U.S. Navy has seen the encouragement of multiple cultures, the reflection of America itself and the fact that as you look at the Navy today, you see the faces of many Asians."

The Navy will celebrate Asian Pacific American Heritage month through programs, exhibits, publications and participation in military and community events recognizing the diversity of America's diverse heritage. For more information on cultural heritage months, click on <http://www.bupers.navy.mil/mentor>.



The Department of Defense celebrates its observance for Asian Pacific American Heritage month on May 22 in conjunction with FAPAC conference, May 21-23, in Washington, D.C. For more information on FAPAC, click on <http://www.fapac.org>.

MILITARY SPOUSES (FROM PAGE 3)

When Sailors would read their emails or letters from home, I could hear laughter, some times crying, and even, at times, yelling.

We all realized it's hard to compress the daily lives of each family member into an email or an envelope. Our spouses had the authority and responsibility to make so many decisions on the spot to keep the family safe and sound until our return, an awesome challenge they faced on a daily basis.

Some spouses were experienced; some were brand new to the military family, some with no family support nearby. All were left to pay the bills, get the car fixed when

it broke down, schedule appointments for doctor visits, school visits, and sporting events.

Most became jack of all trades. Fix and repair became a way of life around the home, along with cutting the grass and trimming the lawn. Some even worked full time jobs.

The greatest juggling act ever is not televised. It is lived out every day by Military Families around the World.

To my husband and children: If I haven't told you before, I am very proud of each and everyone of you for the support you have given me over all the years while I have been in the Navy. I

would not be here today if it weren't for the sacrifices you have made for me. God Bless all family members around the world.

One way GTMO is celebrating Military Spouses is through the second annual GTMO Military and Civilian Spouses Seminar May 9, where all local spouses are invited to share this one-day, enjoyable experience.

This event is designed to equip spouses with the resources needed to successfully navigate through military life or life associated with the military.

I hope to meet as many spouses as possible at the seminar and share common, or not so common, experiences with each other.

Radiothon Wraps Local NMCRS Drive

The annual event that tops off the local Navy and Marine Corps Relief Society Fund Drive, affectionately known as "Radiothon" wrapped its' three-day event with the announcement that they had received \$11,500 in pledges from Guantanamo Bay residents.

There were smaller pledges from individuals pledging their money to hear their songs, and larger and pledges from organizations out to contribute and have fun at the same time sent the totals over the top.

Challenges went out early as OCSC, RCI, JTF, CPOA, HSSO, and some individuals with deep pockets and generous hearts dug deep to keep the pledges coming in, and to "bump" the others off the air. Burns and Roe chimed in near the end with big money donations to keep their song on the air.

HSSO's support of Dr. Brian Knighton's version of Simon and Garfunkel's "Homeward Bound," made it's way through much of the event as one of the repeater slots and, OCSC "chimed in" with "Cocoa Moe," a song that had people humming the tune to the Beach Boys "Kokomo" for three days and buying every McDonald's shake in sight.

CPOA dusted off the Chief's song parody and some of the world's most famous "bad songs" made it back on to the airwaves in support of this event.

Part of the incentive to donate were the prizes awarded from drawings of contributors names at midday and at the conclusion of each day's pledging. Dive gear donated by the Dive Shop, round trip air tickets from Lynx Air and Tropical Aviation, meals at the Cuban Club, free cable from Phoenix Cable, long distance calls from LCN, a GTMO Special from Kvaerner and homemade items and edible delights donated by local residents like Diane Grewe, Lori Nygard, Donna Coakley and Lani Tucker.

The "wrap-up" included the awarding of many gifts and the thanks of the people who ran the Radiothon were passed on by Command Master Chief Ellen Mustain during the program wrap-up Friday along with a "see you next year!"

The success of this year's event helped GTMO achieve well above and beyond its goal of \$10,000.

2002
NAVY - MARINE CORPS
RELIEF SOCIETY
FUND DRIVE



A GTMO songbird!



The motivator at work!



Midday merriment!



Giving thanks...



Still under investigation by the FCC



Three Ways to Earn Cash for W. T. Sampson

By Rebecca Walsh

Box Tops School Coordinator

This year W.T. Sampson Elementary school is asking community members to help our school earn cash through a fundraising program from General Mills called "Boxtops for Education." This successful program has already contributed more than \$50 million to America's schools since its introduction in 1996. Furthermore, the program has recently expanded to offer three easy ways to earn cash for our school.

First, you can "clip" boxtop logos from over 330 participating General Mills products and bring them to W.T. Sampson Elementary School. Participating products include General Mills Big G cereals, all Betty Crocker products including Betty Crocker fruit snacks, Yoplait yogurt multi-packs including Go-Gurt and Expresse, Lloyd's barbeque buckets and many others. Our school gets 10 cents for each box top we redeem (see the large poster at school for a complete listing of products). The more we redeem, the more we earn – up to \$10,000 per year. Bring your boxtops to our school!

The second way to earn cash for our school is to shop online at the new Box Tops for Education Marketplace. Shop at quality stores like Barnes & Noble.com, EddieBauer.com, and PETSMART.com through the Box Tops for Education website at boxtops4education.com. Designate W.T. Sampson Elementary School as your school of choice when registering and up to 10 percent of your qualifying purchases will go to our school – up to another \$10,000 per year.

The third way is to charge purchases with the new Box Tops for Education Visa card. There is no annual fee for the card and a low annual percentage rate. When you designate W.T. Sampson Elementary School, one percent of purchases with the card will be donated to our school – again up to an additional \$10,000 per year. You can apply for the Box Tops Visa card by calling 1-800-227-9605.

It can all add up to as much as \$30,000 for our school when you Clip, Shop, and Charge with Box Tops for Education. Thank you for supporting our school and making a difference for the children in our community.

There are three collection points: the Elementary School, the NEX and the Marine Hill Mini Mart. The collection boxes look like large Campbell Soup cans. Both labels and boxtops can be dropped in the boxes.

If you need any additional information about Box Tops, call Rebecca Walsh at 2207.

Scouts Hold Pinewood Derby

Cub Scout Pack 401 held their annual Pinewood Derby Race on Saturday at the NEX Atrium. Pinewood Derby's began back in 1953 and now over 1 million Cub Scouts participate every year. LCN sponsored this years race and provided the race cars and awards. Mr. Richard Widdop conducted a Pinewood Derby workshop to assist the Scouts with hand tools. Petty Officer Julio Vazquez was the Race starter and Mr. W.T. Johnson & Petty Officer Charlie Crouse were the finish line judges. Thanks to MWR for providing the sound system and Chief Jacobs for the outstanding Race Day sound effects. There were many close finishes and some were too close to call and had to be re-run. All the boys had a great time and showed good sportsmanship.

This years winners:

Overall Pack Winners:

1st Place: Tanner Torley

2nd Place: Pierre Santiago

3rd Place: Kai Packard

Wolves:

1st Place: Jared Knighton

2nd Place: Freddy Schmitz

3rd Place: Adam Lewis

Bears:

1st Place: Tanner Torley

2nd Place: Kai Packard

3rd Place: Brendan Jacobs

Webelos:

1st Place: Pierre Santiago

2nd Place: Brian Michael

3rd Place: Daniel Fox



Above: Scout Master Art Torley calls the race as the Pinewood Derby cars race down the track.

Left: The big winners (l-r) Pierre Santiago, Tanner Torley and Kai Packard pose with their rewards.

Worship Services

Roman Catholic Mass

(Main Chapel)

Monday - Friday

Daily Mass (Cobre Chapel) 0630

Saturday

Reconciliation 1630

Eucharist/Mass 1730

Sunday

Eucharist/Mass 0900

Eucharistic Adoration/Reflective Prayer (Cobre Chapel) Daily, 24hrs

Protestant Service

Sunday

Worship Service - Main Chapel 1100

JTF 160 - Freedom Heights 0800

Contemporary Praise and Worship Service 1930

New Life

(Sanctuary B)

Sunday

Sunday School 1000

Worship Service 1100

Church of Jesus Christ of Latter Day Saints

(Sanctuary A)

Sunday

Sacrament 0900

Jewish

(Sanctuary A)

Twice per month Call 2323

Filipino Bible Fellowship

(Sanctuary A)

Sunday

Worship Service 1800

Inglesia Ni Cristo

(Sanctuary B)

Sunday

Worship Service 2000

Pentecostal Gospel Temple

(Sanctuary C)

Sunday

Worship 0800 & 1700

Seventh Day Adventist

(Sanctuary B)

Saturday

Service 0930 & 1630

United Gospel

(Main Chapel)

Sunday

Service 1245

United Jamacian Fellowship

(Morin Ctr Complex - BLDG. 1036)
(Next to the Cable Company)

Sunday

Worship 1100

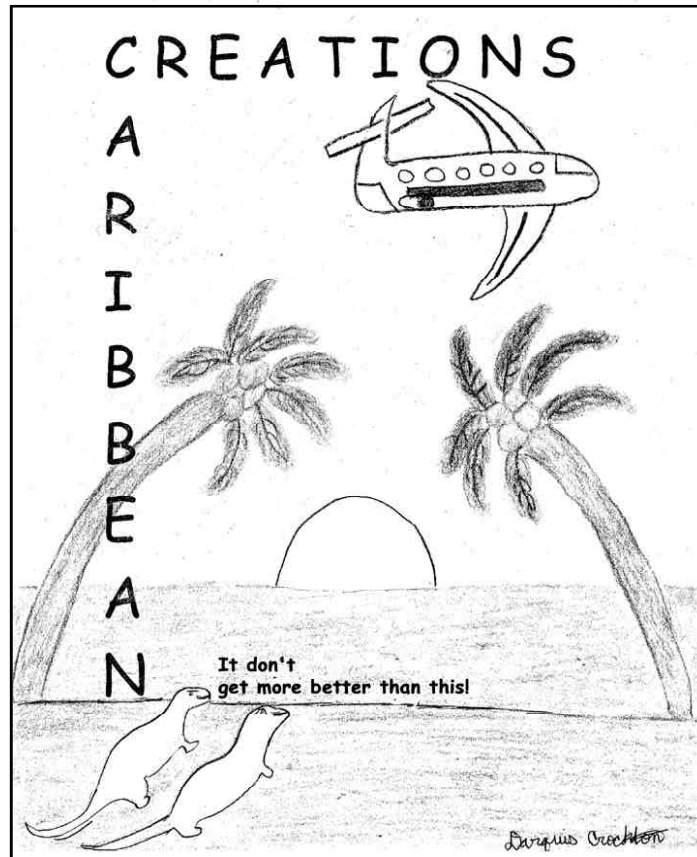
Please ask the Faith Group Representative about Education Programs, Bible Study, Prayer Groups, etc. For more details, call the Chaplain's Office at 2323.

And The Winner Is . . .



Darquis Crockton, shown above receiving an award for her drawing, won the art contest for W. T. Sampson's creative writing anthology, *Caribbean Creations*. Her drawing received 45 vote from the student body and will be featured, in color, on the front cover of the anthology.

The *Caribbean Creations* anthology contains stories and poems written by the elementary school students throughout this school year. The book is sponsored by the Language Arts and Reading Program. Each student will receive a free copy during the last week of school.



"It don't GTMO better" than Crockton's award winning drawing. Her artwork was selected to grace the cover of the W. T. Sampson "Caribbean Creations", a collection of stories and poetry written by the students.

School Lunch Menu

May 6 - May 10

- MONDAY -

Cheese Burger,
Lettuce & Tomato,
French Fries, Fruit,
Milk

- TUESDAY -

Sausage Pizza,
Carrot Sticks,
Sweet Corn, Fruit
Cocktail, Milk

- WEDNESDAY -

Spaghetti w/Meat
Sauce, Vegetable
w/Dip, Toasted
Bread, Fruited
Gelatin, Milk

- THURSDAY -

Chicken Nuggets,
French Fries,
Green Beans,
Fresh Fruit, Milk

- FRIDAY -

Combination
Pizza, Peas, Carrot
Sticks, Sliced
Pears, Milk

Tree Cavities Should Be Conserved

By Melissa Ann Denfeld

Cuba's birds include approximately 26 endemic species (confined to one region) on the island as well as several Greater Antillean endemics mixed with some American and seasonal migratory species. A great number of these birds live in tree cavities. Conservation of dead trees is important for a bird's basic need for shelter and nesting. Snag Retention is a common wildlife conservation practice which leaves dead trees standing whenever possible. Woodpeckers excavate cavities in the dead trees and use them for nesting. Other birds and wildlife eventually take over the cavities and use them for nesting.

A hole in a living tree is usually caused by an injury that breaks through the bark and exposes the sapwood. This is followed by weathering and the infection of the raw wood by fungi and bacteria. Sometimes, before the wound is closed by the healing overgrowth of bark, carpenter ants and boring beetles invade the softened wood. Wind-broken branches start many tree holes, by lightning, or by cuts and bruises. Most holes are self-healing but some develop tree cavities. Red-Cockaded Woodpeckers, an endangered species of the southeastern U.S., are the only woodpeckers that excavate cavities in living trees. These woodpeckers only use large pine trees infected with red heart disease that softens the wood.

In recent years, increased attention has been focused on tree cavities and associated wildlife species. This attention is due to a better understanding of the importance of dead



trees and its features to forests health issues. Loss of these features has lead to population reduction in many bird species dependent upon tree cavities for nesting, and roosting. The conservation and management of dead trees will continue to affect land management decisions and be politically, socially, economically, and scientifically important.

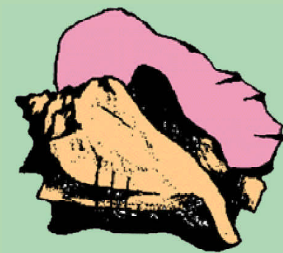
Dead trees are valuable because of the cavities created by woodpeckers or decay; these cavities provide birds and other wildlife with excellent protection against predators and harsh weather. So when you cut firewood for home or camp, leave those large dead trees standing. Protecting tree cavities ensures birds of Cuba and other areas will continue to live in their safe, hollow homes.

Harbor Court Results

The following results for the Harbor Court are as follows:

- ◆ E-9 cited for "Operating a vessel within the Phillips Park Dive Area boundary". Awarded 10 points and revocation of skippers license for one month.
- ◆ E-6 cited for "Recreational Boating/Tubing after Sunset". Awarded written warning.
- ◆ E-5 cited for "Unsafe Operation of a Vessel". Awarded 5 points.
- ◆ E-5 cited for "Taking a vessel within 300 yards of the Ferry, Improper/Unsafe Operation of Vessel, and Operating a vessel after Sunset without Proper Navigation Lights". Awarded 20 points and revocation of skippers license for 6 months.
- ◆ E-4 cited for "Boating in an Unauthorized Area". Awarded 10 points and revocation of skippers license for 1 month.
- ◆ E-4 cited for "Violation of Cuban Territorial Waters". Awarded 25 points and revocation of all diving privileges for 6 months.
- ◆ E-3 cited for "Unsafe Operation of a Vessel/ Unsafe boating Practices". Awarded 20 points and revocation of skippers license for 6 months.

Did You Know? Facts from the 1710



Did you know you can only take two live shells per day or 8 per boat. But only one queen conch or tritons trumpet is allowed per person per day. The queen conch has to be at least 9 inches long or the lip has to be 1/8 inch thick at its thinnest point.

GTMO SHOPPER

FOR SALE

(1) TUSA Maxi Graphite swim fins, size Large. Excellent condition. \$80 new, \$40. Call 81162.

(1) Ladies Sectec B/C - \$35, needs some repair. Ladies med Action Plus full wet suit, like new - \$75. B/C - \$24, needs some repair. US Diver B/C - \$50. Sea Elite B/C - \$75. Dacor regulator w/ Sherwood octopus - \$125. Mares regulator w/ Sherwood octopus - \$125. Dacor Fins - \$125. Two dive tanks, 80's - \$75 each. Three weight belt with many weights - \$40. Package Deal: All of the above - \$500. Call 7433 FMI.

(2) Wedding Rings for sale. 3-ring set with etched design; includes men's ring, \$100. Call 5697.

(2) No new Game Boy Advance games at the NEX? For sale, Castlevania Circle of the Moon for GBA, with box and manual, \$20. Also, Pokemon Crystal hint book, never used, \$10. Call 7138 for more info.

(2) Computer Desk \$60. Call 2774 for more information.

(2) External CD/RW - Sony Model CRX 1600L, Speed 12x/8x/32x. Complete with Windows, Macintosh Software, all Cables. NEVER USED. \$200. Call 5753 AWH.

(2) New England Fans: Patriot Football memorabilia. Call 5399 for details.

(3) Children's bedroom set: desk, hutch, chair, four-poster twin bed, night table, dresser - cherry finish. Will include mattress and box-spring. \$375. Coffee table and two end tables. \$95. Call 4928 after 5:30pm.

(3) Microwave (Panasonic, 1.2cu. ft). \$55. Available May 17. Call 4928 after 5:30pm.

(3) NordicTrak Walkfit Treadmill. \$195. Call 4928 after 5:30pm.

(3) Washer and Dryer - \$100 each or \$175 for both. Available May 16. FMI, call 4928 after 5:30pm.

(3) Twin size headboard with blue shelves and yellow trim. Excellent condition, \$40. Metal bookcase with glass doors, \$5.

(3) Fisher Price garage, \$5. Youth play/craft table, \$5. Call Debbie (H) 7837 or (W) 2069.

VEHICLES/BOATS

(1) 1996 Yamaha Virago 1100cc Motorcycle. Very clean street cruiser with 12K miles. Great ride, perfect condition. Asking \$5000, call 7672 AWH or 4656 DWH.

(2) 12 X 24 Pontoon Boat, 90 hp Johnson Sun deck, great fishing/party boat. \$3,200. AWH 7125, DWH 4837.

(3) 1991 Dodge Dynasty, A/C, automatic, electric door locks, AM/FM radio, tinted windows, new battery, large trunk space. Available May 18. \$4,000. Call Debbie (H) 7837 or (W) 2069.

(2) 19ft Cuddy Cabin Boat with trailer, boatcover and more. 140HP motor & 6HP Kicker motor. Excellent condition. See at "Dock of the Bay" Slip 48. \$4,900 OBO. Call Dennis AWH 2597 or DWH 4164 ext.215.

EMPLOYMENT

LCN is accepting applications for a full-time customer service representative. Please submit an application at LCN's office. FMI 3744.

The following are job vacancies currently open through the Human Resources Division:
 Openings with closing dates:
 Medical Clerk, closes 5/6/02
 Transportation Assistant, closes 5/6/02
 Supply Technician, closes 5/8/02
 Open to current Foreign National Employees of the Fire Dept. only
 Supervisory Firefighter, closes 4/30/02
 Supervisory Firefighter (TEMP), closes 5/6/02
 Firefighter (TEMP), closes 5/6/02
 Open Continuous Vacancies:
 Supply Technician, 1st cutoff 12/21, closes 12/06/02
 For more information contact the Human Resources Division at 4822.

The following job opportunities are available at the Navy Exchange.
 F/T - Mon. - Fri., 7:30am - 4:30pm
 Services Operations Clerk (NEX Admin)
 F/T - Weekdays, Weekends
 Meatcutting Worker
 Sales Clerk (jewelry)
 Flex - Weekdays, Weekends
 Food Service Worker
 Motor Vehicle Operator (vending)
 Cashier
 P/T - Monday-Friday, 8am-2pm
 Internal Documents and Cash Control Clerk
 Temp - 7:30 am to 5pm or noon to 5pm
 Desk Clerk (Navy Lodge)
 For details, visit the Navy Exchange Personnel Office or call 4119.

SERVICES

Experienced, Red Cross Certified babysitter available. Call Melissa at 5418.

Babysitter -- American Red Cross certified. Call Rhett at 7864 for your child care.

Want to go out, have a relaxing dinner alone, or maybe just a movie? Responsible child care available weeknights and weekends. Red Cross trained. Call Amanda @ 7892.

PETS

Free to a good home. "Elmo" is a 5-year old Border Collie. He is very protective, enthusiastic, indoor dog. Probably best with a family with older children or no children. We are leaving the island and cannot take him with us. To meet Elmo, please call Debbie at (H) 7837 or (W) 2069.

ANNOUNCEMENTS

To the NEX Salon customers of Kim Dowden: Kim has returned from leave and is accepting appointments. She will be working Wednesdays and Fridays by appointment. She will be working alternating Saturdays/Sundays as well. Call 4764 or 7672 for appointments.

LYNX AIR

New Office Hours (effective May 1)

Mon, Wed., and Fri. - 1:30 - 4:30pm
 Tues. & Thurs., 10am - 2pm

New Schedule (effective May 1)

Offering flights to Fort Lauderdale every Mon., Wed. & Fri.
 Confirm all flights 24 hours before departure by calling 4106 or 1-888-LYNX AIR

Are you a happy, helpful NAVSTA spouse? Would you like to enrich your life by helping your community? Think about becoming the next NAVSTA Ombudsman. FMI about this rewarding volunteer opportunity. Call Leigh Michel at 7066.

VOLUNTEERS NEEDED: The American Red Cross has several volunteer openings for administrative work and other areas on base. Any one interested please call Dusty Rollins at 5060.

Anyone interested in starting a chapter of the Hash House Harriers on Guantanamo Bay, Call Brownie at jeisher@yahoo.com. ON-ON!

YARD SALES

Multi-family Yard Sale and pre-moveout/spring cleaning sale, today (Fri.) 4-6:30pm and Saturday 7:30am-Noon. Nob Hill 11A. Household items, toys, clothing, baby items, etc. FMI call 5533.

Caribbean Circle C25A, Saturday from 7am.

Friday, May 3 at GP-17 (contractor housing) starting at 4pm. Various household goods, lots of ladies new/like new plus-size clothing, and misc. items. "Early birds will be shot on sight." Don't miss this yard sale!

Saturday, May 4, starting at 8am at CP 15A. Fishing & tackle gear, boat parts, tools, 19-inch TV, microwave, washer/dryer, lawnmower, gas grill, furniture and more. No Early Birds!

Saturday, May 4 at CC-12, starts at 7am. Furniture, carpets, lawn mower, scuba gear, baby stuff, bath spa, kids toys, etc.

LOST & FOUND

Found - Tortoiseshell-brown eyeglass in the Ocean View Housing area. Call 5201 to claim.

Found - Keys at the Navy Legal Office/Tax Center. Call 4692 to claim.

PERSONALS

Dear Alicia:
 I love and miss you very much. It's time to get the planting done in the garden and I need your input and help! See you soon. You're doing a great job there, keep up the good work.
 Your loving husband, Jeff

I would like to thank the US Naval Hospital for the wonderful service and care provided for the birth of our handsome baby boy Benjamin. Dr. Harper, Dr. Cota, LCDR Manning, LT Ellington, LCDR Butler, LT Belim, LT Fischer, LTJG Bautista, LT Lanyard, HM2 O'Conner, HMHN Strickland are just a few that provided the outstanding care that my wife and son received. I couldn't have asked for better anywhere. Thank You. Also to the many well-wishers (Port Services, Bob & Sue Lambertsen, Chris & Lorie Glover, Comptroller Office- just to name a few!- Lynn has made a lot of friends)- thank you for your concern and support.
 Proud Daddy & Husband,
 Dave McVane (also know as THAT Senior Chief)

Welcome Aboard!

Benjamin Patrick McVane

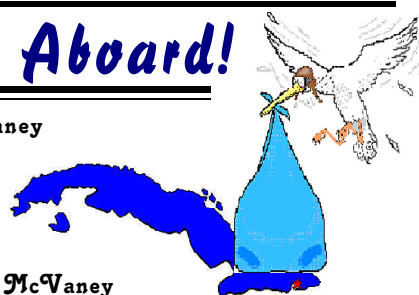
Born April 25, 2002

7 lbs, 13 oz.

20.5 inches

Congratulations to:

BMCS David and Lynn McVane



THE SCORPION KING



Action/Adventure
1 hr. 29 min.

*Starring: The Rock,
Michael Clarke Duncan,
Kelly Hu,
Ralf Moeller,
Bernard Hill*

An evil ruler is determined to lay waste to all the nomadic peoples of the desert. The few remaining tribes, never natural allies,

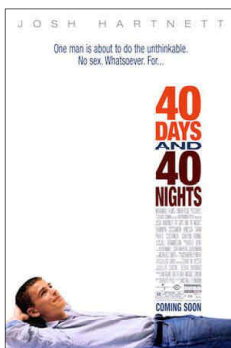
have to unite or perish. Knowing their enemy relies on the visions of a sorcerer, they hire a skilled assassin, Mathayus (The Rock), to eliminate the visionary. Mathayus discovers that the sorcerer is in fact a beautiful woman (Kelly Hu). He takes her deep into the desert badlands, knowing Seriously wounded in the ensuing battle, Mathayus must find the strength to lead his scrappy band of allies back to Gomorrah for a final confrontation.

40 DAYS & 40 NIGHTS

Comedy/Romance
1 hr. 31 min.

*Starring: Josh Hartnett,
Shannyn Sossamon,
Vinessa Shaw,
Monet Mazur,
Griffin Dunne*

Matt Sullivan's (Josh Hartnett) last big relationship ended in disaster and ever since his heart's been aching and his commitment's been lacking. Then came Lent, that time of year when everybody gives something up. That's when Matt, a guy who's never been able to finish anything, decides to go where no man's gone before and make a vow: No sex. Whatsoever. For 40 straight days. No touching. No kissing. No foreplay. No fooling around. No self-gratification. No nothing. At first he has everything under control. That is until the woman of his dreams (Shannyn Sossamon) walks into his life. Now, with everyone betting he won't finish what he started, he's just trying to hold on, and hoping she's willing to hold out.



ALL ABOUT THE BENJAMINS



Crime and Comedy
1 hr. 34 min.

*Starring: Ice Cube,
Mike Epps,
Tommy Flanagan,
Anthony Michael Hall,
Eva Mendes*

Expert Miami bounty hunter Bucum Jackson (Ice Cube) is in hot pursuit of bail-jumper and fast-talking con man Reggie Reed (Mike Epps). When

their wild chase lands the pair right in the middle of a major diamond heist, Jackson and Reed are unexpectedly confronted with the opportunity of a lifetime.

Movies

FRIDAY, MAY 3

8pm The Rookie
G - 129min

10pm All About The Benjamins
R - 94min

SATURDAY, MAY 4

8pm The Time Machine
PG13 - 96min

10pm 40 Days & 40 Nights
R - 91min

SUNDAY, MAY 5

8pm The Scorpion King
PG13 - 90min

MONDAY, MAY 6

8pm Crossroads
PG13 - 94min

TUESDAY, MAY 7

8pm The Scorpion King
PG13 - 90min

WEDNESDAY, MAY 8

8pm All About The Benjamin
R - 94min

THURSDAY, MAY 9

8pm 40 Days & 40 Nights
R - 91min



What's Happening...

Teeball Opening Day

May 3 - 5:30pm, Brandon Field

FFSC/MWR Military & Civilian Spouses

5K Run/Walk

May 4 - 6:30am, G.J. Denich Gym

MWR/Hospital Health & Fitness Fair

May 4 - 11am to 1pm, G.J. Denich Gym

Little League Baseball

May 4 - 8:45am at Zaiser Field

Captain's Cup Men & Women's Division & Male and Female Athlete of the Year

Award

May 6 at G.J. Denich Gym

Ceremony begins at 3pm

DEFY/MWR Youth Adventure Challenge

May 12 - 1pm at Cooper Field

Rick's Lounge

Rick's Lounge is now open daily 4pm to midnight. Rick's is open to officers and civilian equivalents only.

Free Sailing Lessons

Available by appointment only.

Learn to enjoy the bay in one of our high speed Zumas, Hunters or Catalina 22's. Our qualified instructors can help you attain basic to advanced skipper licenses.

Call 2345 for sign up times.

Martial Arts "Fitness" Camp

At the Denich Gym

Every Monday & Wednesday

6:15 - 7:15 am.

Yoga Ultimate Stretch Classes

Held at G. J. Denich Gym

Monday, Wednesday, Friday

noon to 1pm

Tuesday & Thursday

5:15pm to 6:15pm.

Water Aerobics

Monday, Wednesday and Friday

6 to 7pm at Marine Hill Pool.

Swimming Lessons

5-5:30pm Infant 4:30-5pm Preschool

4:30-5:15pm Levels 1 & 2

5-5:45pm Levels 3&4

Adults - 6-6:45pm Levels 1 & 2

Call 2193 to sign up.

Child Development Center

Parents Night Out - Saturday, May 18

6:30pm to midnight

A reservation fee of \$2.50 is due by Wed., May 15 to hold a spot for your child(ren).

One hour - \$2.20, two hours - \$5.00, and three or more hours - \$12.00

For more information on any of the events listed above, call 5225.